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Editorial

Dear Readers,

It is good to be able to communicate with you again in print through the magazine. If you did manage to see a copy of last month's magazine either online or in PDF format you will already know that Living Villages, in it's current format, has reached a point where it is no longer financially viable.

Over the past couple of years, a number of full and half page advertisers have not renewed, often without notice. We now have regular competition from other less local magazines who employ several people, including telesales personnel. There has also been a marked decrease in the number of articles sent for publication.

During the last month the editorial team have met and discussed the future and we have agreed a temporary way forward which we hope will either give time for people to consider whether they wish to relaunch the magazine whilst also allowing organisations time to look at alternative ways of distributing their information.

The way forward. With much appreciated help from our Printers PPS, Moore Thomson and Hearty's garage alongside the continued support from the majority of our current advertisers we have been able to secure enough funding to produce a magazine for the next three months. Even with this assistance there will be fewer pages, I will therefore have to prioritise who will be included and we have agreed that the organisations who supported us financially during the last year (Parish Councils, the Churches, Horticultural Society and the WI) will be assured of submitted articles being published, but sadly there may not be space for other items.

I wish to thank those who have contacted the team, with ideas, offers of personal financial backing and support. However we all feel that now is the time for another team to relaunch our magazine with renewed spirit, enthusiasm and concepts.

If after three months no-one has come forward to take over, we will be in a position to refund our advertisers for their outstanding months.

Tracy Sortwell

CONTENTS

Pages

- 6 Worship
- 7 Reflections
- 8 Retirement Effect #7
- 15 Thornhaugh PC
- 16 Mens Breakfast
- 17 Wansford PC
- 22 Contacts

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Printing & Collation - PPS Print**

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WORSHIP SEPTEMBER 2021

All subject to Government restrictions.

Every Sunday 5.00pm At Home service on Zoom. Log -in details from Rev. Jane

St Leonard's, Apethorpe		
12th	11.00am	Holy Communion
26th	11.00am	Holy Communion

St Mary's, Wansford		
Every Wednesday at 10.00am Morning Prayer		
12th	9.30am	Holy Communion
26th	9.30am	Holy Communion

St Mary's and All Saints, Nassington		
Every Thursday at 9.30am Holy Communion BCP		
5th	8.15am	Holy Communion BCP
	9.30am	All Age Communion
12th	9.30am	Holy Communion
19th	9.30am	Holy Communion
26th	9.30am	Family Service

St Mary Magdalene, Yarwell		
5th	11.00am	Holy Communion
19th	11.00am	Holy Communion

St Andrew's, Thornhaugh		
19th	9.30am	Holy Communion

St Mary's, Woodnewton		
5th	9.30am	Holy Communion
19th	9.30am	Holy Communion
26th	8.30am	Holy Communion BCP

Castor Benefice Church Services

We are still maintaining the following service pattern every Sunday in each of our Parish churches until further notice.

Marholm 9.00am - Holy Communion (Morning Prayer on 4th Sunday)

Castor 10.15am - Eucharist (Said service with hymns sung by small choir until further notice)

Sutton 9.00am on 4th Sunday of the month - Holy Communion

Every **Wednesday** morning at 10am there will be Holy Communion at Castor

We still continue to celebrate **Evening** via Zoom at 6pm every Sunday, if you wish to join us please contact the Benefice office for the Zoom link and access code.
admin.castor@btconnect.com

David Ridgeway

FRIENDS OF St MARYs & St ANDREWs

The Friends have finally been able to restart the Coffee Stop and our first one was very successful.

There will be 2 Coffee Stops in September; Wednesdays 8th and 22nd, 10.30 -12 at St Mary's church.

REFLECTIONS by Rev. Jane Tailby

For most people with memories of their own school days, or those of their children, or, as in my case particularly, as a former teacher, September perhaps has a sense of new beginnings. For me, I well recall the piles of new exercise books on my desk ready to given out, new class lists and empty weekly planners all ready to be filled in along with the anticipation of a fresh start and new challenges to look forward to. For parents, I guess there may be memories of shiny new shoes, uniform that is a little too large that "she'll grow into" and first day nerves, and for the children themselves excitement and anticipation – and all the sense of newness around them. (By the way, does anyone else remember covering exercise books with pretty paper at the beginning of the school year – in my school days it was always the first homework set! Perhaps just my school....?)

The new school year feels like a bit of a "reset button" for everyone involved – past put behind and looking to the future. This year, September has that feel in a different way as well as we move through these covid times. Of course, as I write in mid-August, we don't know where we might be as you read this, but there does at the moment seem to be a greater sense of confidence and anticipation as things "get back to normal", whatever "normal" might be! And yet, there is also, I think, a bit of a sense of pressing a "reset button" and that things won't, or don't need to be, exactly the same as they were. In the last 18 months many have perhaps appreciated what is really important, re-evaluated their lives and have started to make changes. Maybe this is true of you as well; will September be a time when you press the "reset button"?

One area of our lives where attention seems to have been focussed is the environment, the climate and our impact on our planet. We have appreciated our own surrounding more during lock-downs, and in the churches here we celebrated this in our churchyard services. As we have watched communities in different parts of the world struggling with extreme weather conditions, we have become even more aware of climate change and we hear more and more of the phrase climate crisis. Some of you will be aware of the COP26 meeting in Glasgow at the end of October where, as their website states, the purpose is "uniting the world to tackle climate change".

In our churches through September and October, we will have a particular focus for our prayers and reflections approaching this important meeting, praying for wisdom in the discussions and positive and impactful outcomes that will make a real difference to our future as those living on this beautiful yet fragile planet. Our prayers will remind us that the world is God's creation and that we as human beings are tasked with the care of our planet, not with its exploitation. These months are also our Harvest Festival months so our prayers will also have a very local focus as we pray for our farmers and all who care for the land around here, reflecting on the challenges they face in balancing food provision and our impact on our environment.

As we think about new beginnings for our relationship with our environment and our planet and think about the "reset buttons" we might press in our own lives, you might like to explore the preparations and themes of COP26 for yourself. We will certainly be planning to do that in our churches.

Have a wonderful September, and here's to new beginnings – praying for our schools and our children at the beginning of new school year and our own "reset buttons".

With every blessing,
Rev. Jane

The Retirement Effect 7

Find Your Retirement Purpose(s)

"Life is never made unbearable by circumstances, but only by lack of meaning and purpose." Viktor Frankl

"Your purpose in life is to find your purpose and give your whole heart and soul to living it" Buddha

In my previous articles I talked about finding your purpose in order to use your unique potential, talent and creative originality to make *your* life meaningful and worthwhile. The emphasis here is that you use your freedom of thought, uninfluenced by the Old Framework, to decide what purpose(s) you wish to follow in your retirement.

A multitude of choices are now in your hands; choices about which personal attributes you want to use, in what ways you want to use them, and where.

Almost inevitably the process involves thinking about all the aspects of your life. Such an undertaking can be facilitated by asking yourself (or getting someone else to ask you) a series of pertinent questions.

Oh! No! you might say, not an interrogation or one of those irritating opinion surveys!!! Not a bit of it. These questions are to get you thinking. Even better, come up with your own questions so that your thinking is absolutely relevant to your quest in identifying *your* purpose(s).

This process is a lot more than browsing through some questions and pondering on some "maybe" answers.¹ It is not answering the questionnaire about the service you got from the shoes shop. It is about you and your future and therefore deserves all the thought and energy you can muster. It takes action, discussion and writing down. It takes exploring and refining options, searching out and trying possibilities in order to create a clear and cogent plan.

It also needs flexibility and energy to discard ideas and pursue new courses of action. As an alternative to "writing lists" (which many people find laborious and boring) you might try speaking out your thoughts on the list to someone else, then either get them to record your thoughts or write them down yourself. You may find that your thinking can be very much enhanced by working with someone you trust who will not interrupt or judge you.

On this quest "there are things that come across your path that, at the time you may not realise it, but they become important to you on your journey"² In other words, while on this path you may discover that "new and exciting projects turn up through serendipity."³

As Raynor Winn put it "It's hard to to make a deliberate choice which way to go. But sometimes you can catch a fleeting glimpse of one..."⁴ and this makes the effort worth the energy.

Building on the questions I suggested in my article 4 "Getting Thorough the Retirement Neutral Zone" you may like to consider some more questions to get your thinking going:

- What makes you happy?
- In the last say 10 years what have you felt happiest doing?
- Look again at "What achievements in your life are you most proud of"?
- What have you always dreamed of doing but never got round to or you have left behind?
- What are the things that you spend time on while procrastinating about the things you SHOULD be doing? (these may be the things you could be doing in the rest of your life!)
- In what ways could you help to make the world a better place (if you were so inclined)?
- In what ways would you like to share you talent and passions with other people
- What could you do to expand your horizons physically and mentally?
- In what ways would you like to be remembered/what sort of legacy would you like to leave?
- What will happen if you do nothing to define your purpose and take no actions to live on this purpose? What do you think and feel about that?

These and other questions you may ask yourself are intended not so much to give you the answer to “what is your purpose”, but to open your mind to possibilities and creative thought paths. There are many publications, including the books and articles I have noted in this series, that pose other questions to help you on your journey to finding and living your purpose. One I found particularly useful is Doug Treen’s book⁵ “*Psychology of Executive Retirement*”

All this effort is worth the trouble. As Doug Treen says “by introspectively listening to your inner calling and intuition, you can begin to create personal meaning. Finding the use of our talents and passion to create value for ourselves *and others* is the last frontier for happiness and joy.”⁶ As my wife put it “Enriching my life and the lives of other people around me.”⁷

There are other routes. For example, one I read about is “a kind of Duke of Edinburgh’s Award for the over 55’s” which can get you thinking while doing something physical⁸

Throughout this series of articles, I have talked about your situation and here I am emphasising that you are looking for *your* purpose. Not someone’s view of what your purpose(s) *should* be or, worse still, *ought* to be. To be really effective you need to come up with what is truly your own thinking and conclusions.

The point here is that this process is always evolving as you discover more information and insight. Do not be afraid to change course or amend things as you progress.

Throughout this journey draw up plans of action and set targets for achieving milestones. Be flexible. Discard ideas and routes that do not work for you and start new ones.

Enjoy the process and relish the outcomes. Above all, enjoy the whole journey; after all this is your life you are creating.

The Greek poet C. P. Cavafy eloquently describes your journey on *poetryfoundation/ithaka* and as Leonardo da Vinci said “*Make your retirement to be in keeping with your purpose*”

With my best wishes and my hope that these articles help you into a happy, meaningful and worthwhile retirement (as defined by you!).

Alan H A Bolton-Frost

Note 1: *Psychology of Executive Retirement* by Doug Treen Pub. iUniverse

Note 2: *Amanda Khozi Mukwashi, CEO Christian Aid*

Note 3: *Psychology of Executive Retirement* by Doug Treen Pub. iUniverse

Note 4: *The Wild Silence* by Raynor Winn Pub. Penguin Random House UK

Note 5: *Psychology of Executive Retirement* by Doug Treen Pub. iUniverse

Note 6: *ibid*

Note 7: *Joan Bolton-Frost*

Note 8: *Saga Magazine June 2021 “Fit for Life”* by Rachel Carlyle. Also: *challengehub.org*

©Alan H A Frost alanhafrost@aol.com
Thornhaugh, Cambridgeshire
21 August 2021

Alan has combined the 7 articles which have been published in Living Villages into a booklet (self-produced, at the moment) if anyone would like the complete set, please get in touch with Alan and he will send them the booklet free of charge.



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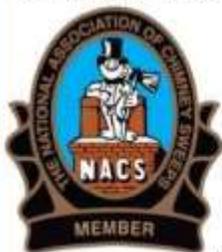
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THORNHAUGH PARISH COUNCIL

A meeting of Thornhaugh Parish Council took place on 19th July 2021 in St Andrew's Church. It was chaired by Chris Smith and present were Martin Lewis, Ashleigh Kewney and Louise Molesworth. In attendance were Gavin Elsey, Peterborough City Council Ward Councillor and Deirdre McCumiskey, Clerk. Apologies were given from Adrian Rodgers.

Defibrillator - this has now been installed in the Church Porch and has been activated. Nassington Heart Safe Community are providing free online training on how to use the Defibrillator (details can be found on www.nassingtonheartsafecommunity.org). Free face-to-face training will be arranged to take place in the Christie Hall. Many thanks to Louise Molesworth for making this happen and to Stuart Foreman for supporting its installation.

Footpath Finger Post - many thanks for Martin Witherington for constructing a footpath sign at Home Farm.

Village Get-Together - this will take place on 11th September 2021 at Alan and Joan Frost's home. A flyer advertising the event will be distributed to residents. Please bring along a dish of food to share with other residents. It was agreed that the Parish Council will donate up to £300 towards the cost of the event. It was noted that the Queen's Platinum Jubilee will take place in 2022 and it would be good to organise a village get-together to commemorate this event.

Noticeboard – Home Farm - many thanks to Hally Hardie for his work in repairing the Noticeboard at Home Farm.

Highways Agency - it was reported that there has been no progress with the Parish Council's requests to improve the safety of accessing the A1 North from the village. It was noted that the grass cutting at the junction of Russell Hill and the A47 has finally been undertaken.

Correspondence - Jilly McNaughton, FWAG East Consultancy Ltd *Pond Funding*; Environment Agency Leaflet *Grass Cutting*; Daniel Worley, Senior Conservation Officer, PCC *Parish Council Local List Project*; Gavin Elsey, PCC Ward Councillor, *Boundary Commission Review Consultation* (The Boundary Commission is currently reviewing the Parliamentary Constituency Boundaries. The recommendation for this area is that Thornhaugh remains in North West Cambridgeshire which means that the MP for Thornhaugh will continue to be responsible for a mainly rural area. It was agreed that the Parish Council will support this. Residents have until 2nd August 2021 to state their views by completing a simple online form at www.bcereviews.org.uk); PKF Littlejohn *Receipt of documents – notification of exempt status, 2021* and Gavin Elsey *Ward Walk* (Gavin Elsey will be undertaking a Ward Walk with Aragon who are responsible for the emptying of bins and grass cutting, etc, in the village on 20th July 2021. The Chairman has given him a list of points to be raised with Aragon).

Planning Applications - 19/01889 Change of use from an agricultural field and woodland to form an adventure play scheme including erection of indoor play and visitor amenity barn, a supporting toilet and changing block, staff welfare

facilities, outdoor play equipment and car park at Land off Sutton Heath Road, Southorpe – Objections – Withdrawn; 21/00172 Replacement of the existing 30m telecommunications monopole with a 25m lattice tower, the extension of tower base to be 5.70 x 5.70m, together with ancillary development enclosed with a 2.4m palisade fence at Wansford Pumping Station, Leicester Road, Wansford – No Objections – Permitted; 21/00470 Erection of new children's play area within existing leisure site- (retrospective) at Sacrewell Farm and Country Centre, Great North Road, Thornhaugh – No Objections – Permitted; 21/00789 Replacement of existing cottage gates at 5-7 Meadow Lane, Thornhaugh – No Objections – Permitted; 21/01012 - Front porch & garage extension converting existing garage into home office including dormer window at 5 Home Farm Cottages, Leicester Road, Thornhaugh – No Objections and 21/00873 Replacement of 3 metal windows on front elevation and 2 metal windows on rear elevation at Browetts Cottage, 6 Russell Hill, Thornhaugh – No Objections

Footpaths - Many thanks to Mr & Mrs King of Thornhaugh Hall who have tidied up the footpath within their grounds. Louise Molesworth reported that she had come across a distressing scene where a deer had become entangled in the fence and had died. She had contacted Mr & Mrs King who had dealt with the issue immediately. The footpath across the oilseed rape field is still not passable. Peter Sharpley has been asked to remedy this rather than just waiting until it is dried off and harvested. It was agreed that Louise Molesworth and Ashley Kewney will monitor the state of the village footpaths. It was agreed that we would ask Peterborough City Council again for information regarding the landowners of all Thornhaugh footpaths with their contact details so that remedial action can be requested directly rather than going through the Footpaths' Officer.

Date of Next Meeting - the next Meeting of Thornhaugh Parish Council will take place at 7.00 pm on 20th September 2021 in St Andrew's Church (Covid Restrictions permitting).

Men's Breakfast to re-start in October

This popular event, open to men from local villages is due to start again on October 9th meeting at 8.30am for a cooked breakfast at the Queens Head, Nassington followed by a talk and finishing at 10.00am. Before the first lock down the group was meeting every 2 months with attendances ranging from 18 – 30 drawn from across Yarwell, Nassington, Wansford Thornhaugh, Woodnewton and Apethorpe. There is no formal membership just an invitation to come each time we meet.

The meetings enable a chance to make new friends and contacts from your own and nearby villages in a relaxed and non pressured way. This has enabled help to be provided during lock down and now we can celebrate the chance to socialise and catch up on local and current events. Our speakers are mostly drawn from within the group talking about business, charitable work or past experiences with a short 30 minute talk and questions. To register attendance or ask more questions please contact the group leader Ian Scott (Yarwell) on mensbreakfast@tconnect.com

WANSFORD PARISH COUNCIL



There were six councillors in attendance and Gavin Elsey Peterborough City Councillor.

It was noted that with great sadness our recently appointed Parish Clerk Jill Sanderson died on July 28th in Addenbrookes Hospital. In the short time with us her expertise as a Parish Clerk was much appreciated.

Parish Website

WPC have agreed to review its operation and provision.

Defibrillator Telephone Kiosk

WPC are to purchase new paint to refurbish the kiosk.

Wansford Community Hall

This is owned by Wansford Parish Council, and it was agreed to seek an up-to-date lease to The Community Hall Charity.

Vehicle Activated Speed Sign

This is currently situated in Old North Road in the 30MPH limit. The Parish Councillors have received a copy of Speed statistics showing that the majority of the vehicles entering the village are circa 30-35MPH. A minority well over the limit.

A47 Dualling

The planning inspectorate have now received Highways England's proposals, this can be viewed at:- <https://infrastructure.planninginspectorate.gov.uk/projects/eastern/a47-wansford-to-sutton/>

Rear Pedestrian access to Wansford Community Hall

WPC maintain this is an established public footpath used by many for in excess of 20 years and are continuing their investigation.

Planning

application no. 21/00653/HHFUL Changes to porch and house cladding. WPC had no objection to proposal.

Application no. 21/01190/TRE, request to pollard a lime tree, WPC had no objection to proposal and would rely on the tree preservation officer's recommendation.

Land adjoining A47 picnic site and river.

As part of the A47 improvements WPC are investigating if this highways land can be opened up to provide more use by the public of the river frontage.

Living Villages Magazine.

WPC are concerned to learn that the Living Villages magazine is in financial difficulties due to cost and lack of advertising, it has again reverted to the Website only with no printed publication. WPC note that this is a valuable source of information for all the villages involved, and it would be a significant loss if it ceases.

Date of next meeting

13th September 2021 at 7.30pm in the Community Hall.
Members of the public are invited to attend.

Clr Martyn Handley

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